

**FOREST HILL
UNITED CHURCH
KITCHENER
August 2023**



The Messenger

Greetings Forest Hill Friends,

Well so far the experiment of three Kitchener United Churches working together has been a great success. New friends have been made. We have heard other preachers. We have experienced hospitality at another church and it isn't even over. We will head into the last three weeks of August at St. James-Rosemount and I expect more of the same. What a pleasure to worship with a full congregation. Perhaps this will lead to shared UCW events, books studies and youth programming. Who knows what exciting doors might open from these great beginnings.

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For me there will be vacation time with family and preparing for the fall. In the works is Back pack blessing on Sept 3rd; celebration and thanking of the outgoing Council members and blessing of the incoming team on Sept 10th; perhaps the long awaited celebration of the refugee sponsorship we were part of on Sept 24th. I am really looking forward to the fall but I promise to enjoy the present. I hope you will too!

Peace Friends and see you soon,
Rev. Gary

**Please Note: For pastoral care from August 4th—25th,
call Rev. Tim Graham @ 226-218-3322**





Needed: Coffee Prep People

If you haven't participated with coffee prep before, come out and see how much fun it is.

We are looking for people interested in/helping out with coffee preparation.

Please contact Diane Dunseith at 519-498-0070 OR

diane.dunseith@gmail.com



FündScrip

powered by Fundstream Inc.

Where shopping is fundraising!

Order dates:
August 6, 20
September 3



Did You Know or Forget?

**There is Coffee & Conversation
every Wednesday from 10-11 am.
On ZOOM!**

**Check your email for the link.
Never used Zoom? Click the link and
download. Yes, you can!!**





FHUC Link Resource Centre

Coffee & Conversation-Wednesday @ 11:00am

[https://us02web.zoom.us/j/84323131175?](https://us02web.zoom.us/j/84323131175?pwd=Z3MzcDNTOHQ0SmVQejFWTHY4MHI2dz09)
[pwd=Z3MzcDNTOHQ0SmVQejFWTHY4MHI2dz09](#)

**COFFEE & CONVERSATION WILL BE ON HIATUS FOR THE SUMMER MONTHS
(JULY & AUGUST)**

**BUT WILL RESUME ONCE AGAIN ON
WEDNESDAY, SEPTEMBER 6TH**

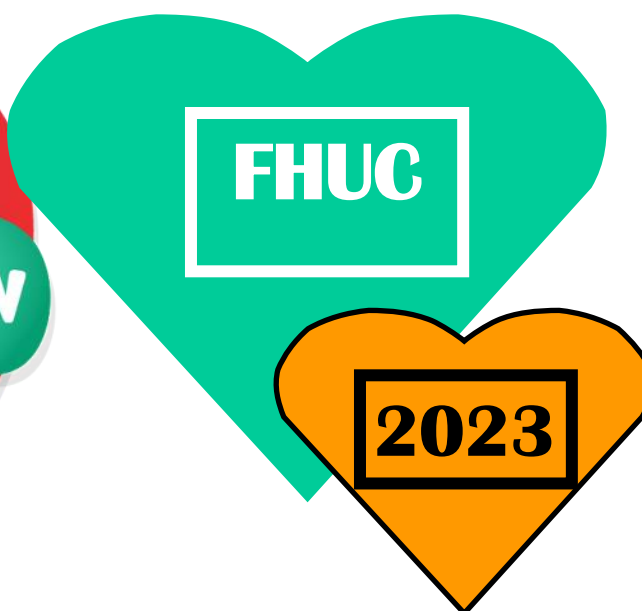
Mass Protest Information

www.ontariohealthcoalition.ca

Parkminster UC Spaghetti Dinner

[https://mailchi.mp/eb50825ba364/grww-spaghetti-dinner-fundraiser?](https://mailchi.mp/eb50825ba364/grww-spaghetti-dinner-fundraiser?e=OfcOc2b1d4)
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**A big “Thank You”
goes out to all those involved with
Compassion Camp
this year.**

It was a great success!

UCW
Ladies invited
Tuesday Sept. 12, 2023
Fireside Room - 1:30pm

Speaker - Rhea Knapp
Sharing Life with Someone Blind

Refreshments & Social time to follow.
Come and Enjoy.



Winter Wonderland Bazaar in November 2023

BUT then realizing that jam making time starts this month. Again, this year we are asking and counting on folks to put a few jars aside for the Preserve Table.

More Details to follow. Stay tuned.

Canning Jars are needed for Jams - 250ml & 125ml, & Pint size for pickles and relishes - 500ml

Any donations of new lids & rings are also appreciated.

Please bring to the church. Call first 519-743-3481. Office may have summer hours.

--Betty



Blessings Box

Thank you to everyone for keeping our Blessings Box fortified. If you have items to contribute to the Blessings Box, please drop them at the church on a Wednesday morning. We have some very generous people who donate their time to ensuring that the box is kept full.



Would you consider submitting something for our Guest Editorial? Is there something you would like to share - a new learning, easy recipe, a book you enjoyed, an opinion?

*Please submit your editorials to
office@foresthillunited.org.*

*Let's make this newsletter really
reflect Forest Hill!*

DONATIONS



**Purging?
Spring Cleaning?
Downsizing?
Looking for a new home
for cups, cutlery or dinnerware?**

**Look no further!!
All items gratefully received
By the folks at
A Better Tent City**

**Contact Sue Hummel for more
information**



Sue Hummel is collecting these items. You can drop them off at the church office during regular office hours.



Slow Summer

GARDEN
CHURCH

- ✓ Pet-friendly
- ✓ Relaxed atmosphere
- ✓ Bring a lawn chair
- ✓ Something for all ages
- ✓ Popsicles & cold drinks
- ✓ Home before it gets too hot!

Sundays @ 9am, July 2 to August 27

121 Westmount Rd., Kitchener

519-744-3481

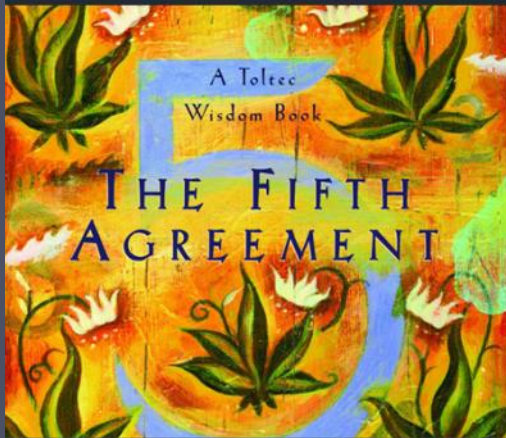
www.foresthillunited.org



There will be no
'Slow Church'
On
Sunday
August 13th
&
August 27th!

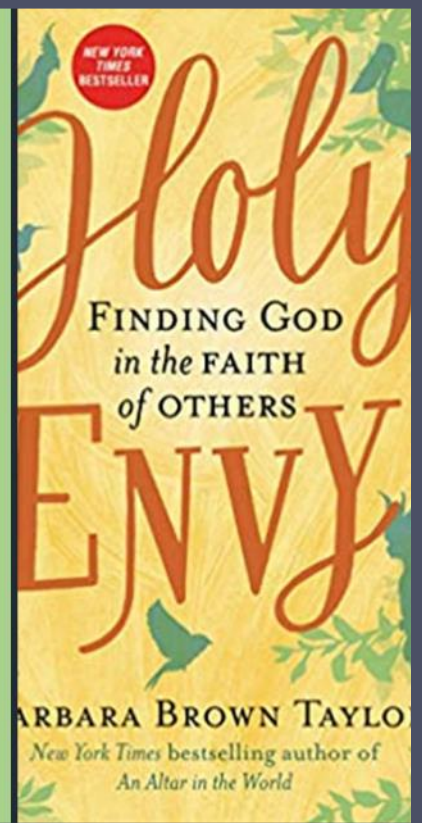


New Spirit Circle



Book Study/Spirit Circle will meet on 6 Wednesday evenings during the summer study of *The Five Agreements* - June 21, July 5 and 19, Aug. 2 and 16 and Sept. 3. The meetings begin at 7:00 in the Fireside Room and end by 8:30. Everyone is welcome.

The fall book study/spirit circle will meet on Wednesday evenings at 7:00 in the Fireside Room beginning on Sept 20. The book being studied is *Holy Envy* by Barbara Brown Taylor. If a copy is needed it will be purchased for you. Everyone is welcome.



Amen to That!!



When I was a little girl in church, I couldn't help noticing that every hymn and prayer ended with the word, "Amen." My 5- year-old ears interpreted this as "All men." "All men?" But what about me? I sadly understood this to mean that my brother was fully included in the church, but my sisters and I were merely allowed to be present.

Now, take my irrepressible nephew, Jesse! When Jesse was a child in church, and when he heard "Amen" at the end of a hymn or prayers, he heard it as, "I'm in!" Jesse enthusiastically joined the chorus of "I'm in" every time, with a full heart!

You know, I really like Jesse's interpretation of 'Amen!' You know what? From now on, when it comes to prayers and hymns at FHUC, "I'm in!" And so are you!

Thank you Tisha Robinson for these heart warming interpretations of 'AMEN'!



**A Fond Farewell to Lesley,
Lesley's last day will be Sunday August 20th, come
and join her for slow church in the Memorial
Grove.**





Thank you Betty Kocher,
for the lovely pictures of
your gardens!
My apologies for missing all of
the pictures last time.





Welcome ALL Bridge Lovers

Sunday Aug 6 1 - 4 pm

Fireside room

Please bring a deck of cards.
Everyone welcome. Singles welcome.



**SAVE THE DATE:
SUNDAY SEPTEMBER 3RD
BLESSING OF THE
BACKPACKS**

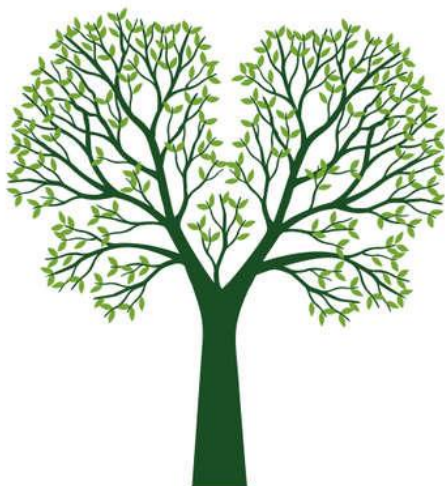
**Drop off your backpacks
at the church office on
Thursday August 31st
or
Friday September 1st**



Baptism Schedule:

Forest Hill would like to include your family and friends for baptism on their chosen date. Simply contact the office to set this up.

519-744-3481 office@foresthillunited.org



Upcoming Baptisms:

There are no upcoming Baptisms.

A Message from your Outreach Team.....

Your Outreach Team is inviting anyone from the congregation who has a passion, or an idea to partner with the community, to get in touch with Ron Morgan at 519-743-6044. Ron is the coordinator of Outreach. We have a bit of money in the current budget reserves.

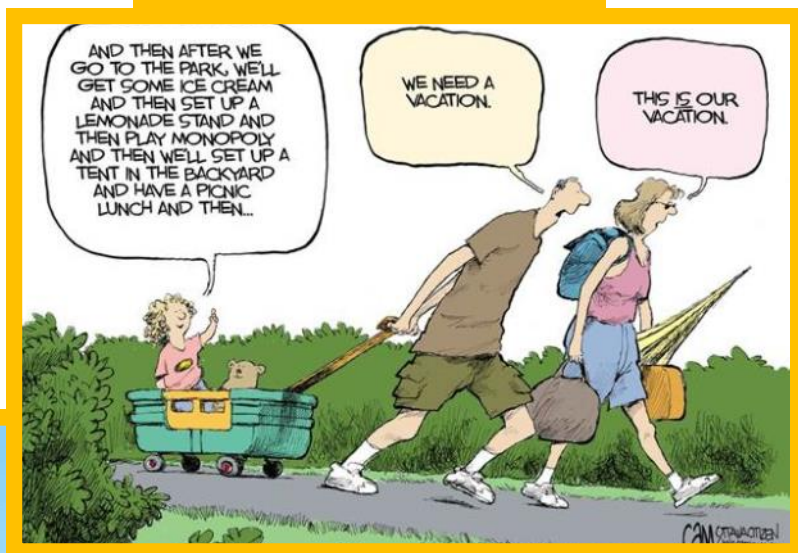
For anyone who has furniture, or an entire household, to donate and is looking for some to pick it up, you can contact:

519newbeginningsprogram@gmail.com

Ron



COMIC CORNER

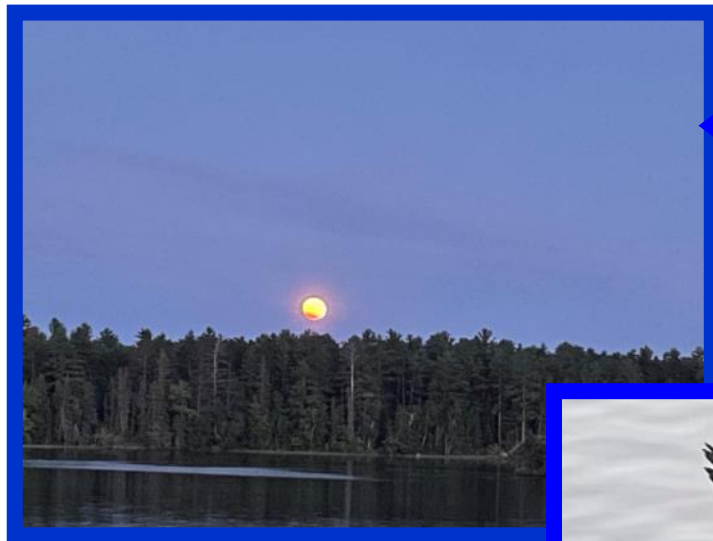


"If you kids would do more to help out around the house, I'd have time to fix something besides worms for dinner!"



**NATURES GIFT FOR
SUMMER 2023**

**Summer is half over,
take the time to enjoy the
beautiful things
around you!!**





Community Kitchen Returns September 8th

Community Kitchen is an initiative designed to deliver home made meals to folks in their homes. Would you like to have someone bring you a hot meal and maybe even join you to enjoy that meal? Would you like to come together as a group to share a meal? Perhaps you would like to just come and pick up a meal? Our new Community Kitchen program can provide these experiences.

Do you love to cook? Our hope is that folks will put together a “team” to prepare a meal at least once a month to provide food and fellowship at Forest Hill United Church.

If you have a group that is interested in supporting this program, Contact Sue Hummel or Rob Steele with the idea and a menu and we can make sure that you receive the funds you need to make this happen.

If you are interested in having a meal prepared for you, call, email or come into the office and register.

Our Community Kitchen will be on hiatus for the summer but will resume in September



Forest Hill United Church Choir

Choir is officially done for the summer. Choir members continue to be invited to sit at the front and support the hymns during Sunday service.

The first practice back will be Thursday September 7th @ 7:00pm.

New members will be welcome at that point in time.

Rehearsals will take place on Thursdays 7pm - 8pm and Sunday mornings at 9:30am in the church Sanctuary.

The choir sings Sunday mornings at the 10am service supporting the hymns and providing anthems.

*COVID-19 protocols: Group singing is a high risk activity for contracting and spreading COVID-19. As such, masking is required at rehearsals and on Sunday. Distancing provided where requested.



Email M.J. at mjelina@gmail.com if you would like to join us.

Suddenly One....

This is a group for folks who have lost a loved one in their life and would like to share time with others in that journey. They meet the last Friday of every month at FHUC in the Fireside Room.

SUMMER NOTES

August 4th – 25th – Gary off

For pastoral emergencies - Rev. Tim Graham 226-218-3322

August 15th – September 5th – Office Closed (Kelly off)

Phones monitored M/W/F

August 13, 20, 27 – Service @ St James-Rosemount

August 20th – Lesley's last day, join her at Slow Church

September 3rd – Blessing of the Backpacks

Please drop off your backpacks at the office Thursday August 31st or September 1st





SUMMER WORSHIP CALENDER

AUGUST 2023



6	<p>SERVICE @ FOREST HILL UNITED CHURCH – 10:00AM REV. CHRIS FICKLING – OFFICIATING M.J. JOHNSON—MUSIC SLOW SUMMER GARDEN CHURCH – 9:00AM - LESLEY</p>
13	<p>SERVICE @ ST JAMES-ROSEMOUNT UNITED CHURCH – 10:00AM REV. TIM GRAHAM – OFFICIATING</p>
20	<p>SERVICE @ ST JAMES-ROSEMOUNT UNITED CHURCH – 10:00AM REV. TIM GRAHAM – OFFICIATING SLOW SUMMER GARDEN CHURCH – 9:00AM - LESLEY</p>
27	<p>SERVICE @ ST JAMES-ROSEMOUNT UNITED CHURCH – 10:00AM REV. TIM GRAHAM – OFFICIATING</p>





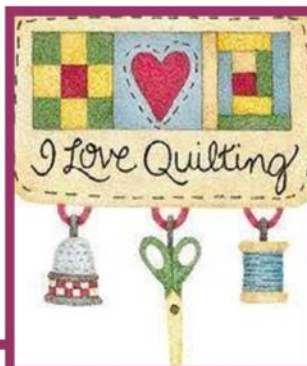
ATTENTION: ALL QUILTERS & 'WANNA BE' QUILTERS!

Every Tuesday 9:00am—2:00pm, starting back in September

For those who love to sit and stitch come out to work on the quilt that has been sitting for the 2 ½ years. If you can put a needle up and down through the fabric you can do it.

Everyone's stitches are different but that is what tells the story in a quilt. If you are not comfortable being close with others bring something that you can work on but still able to join in the conversations. This is more of a time to catch up how everyone is doing and what is happening around them. If you only have a half hour, stop in to say Hi or bring your lunch if you want to stick around longer.

See you in the choir room
Bette



“And so with the sunshine and the great burst of leaves growing on the trees, just as things grow in fast movies, I had that familiar conviction that life was beginning over again with the summer.” — F> Scott Fitzgerald

“Deep summer is when laziness finds respectability.”

—Sam Keen

“Sunrays must be the sun’s way of dancing alone.”

- Prem

“Keep your face to the sunshine and you will never see the shadows.” - Helen Keller



No matter where you are in the world, the soft murmur of summer draws you in as no other season can.
—S. L. Garber-Ortiz,



"The things that make me different are the things that make me."

-PIGLET



CountryLiving

"I am not lost, for I know where I am. But however, where I am may be lost."

—Winnie-the-Pooh



"IT NEVER HURTS TO KEEP LOOKING FOR SUNSHINE."

WINNIE | THE-POOH



**FOOD TRUCKS
ARE BACK!**

**EVERY MONDAY
EVENING UNTIL THE
END OF AUGUST**

4:30 – 8:00

**Come out
& join us
for some great
company & food**



Food Truck Schedule for August

August 7th—Ish ‘n Chips, Los Rolling Tacos, SWAT, Funnel Cloud

August 14th—Berlin 95, Krankie Frankie’s, Fo’ Cheezy, Lady Glaze Donuts

August 21st—El Milagro, Fo’ Cheezy, Ish ‘n chips, Funnel Cloud

August 28th—Berlin 95, Schmuck Truck, SWAT, Beavertails



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